

# **Ice-cream Cone Technique for Pars Plana (PP) Phacoemulsification of Crystalline Lens Dropped into the Vitreous Chamber**

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## **SYNOPSIS**

PP extraction of a lens dropped into the vitreous chamber (vc) may be challenging especially when dealing with hard nuclei. We developed a simple and safe technique without instilling expensive and time-consuming PFCL, using an Alcon fiberlight that “impale” the dropped nucleus, keeping it in a safe area the middle of vc, avoiding dispersion of fragments and risk of retinal damages. This technique allows to emulsify the lens slowly, safely and easily, like eating an ice-cream.