

My Way of Assessment of Neovascular ARMD Activity

Author: Sengul Ozdek

Advantages:

In the era of anti-VEGF treatment of choroidal neovascular lesions (CNV) it is becoming more and more important to assess the activity of the lesion to decide for additional treatments. Here I present an activity scoring system which can easily be applied to all of the CNV lesions.

Methods:

I use 5 parameters to decide on the activity of a CNV lesion: Change in lesion size, presence and amount of hemorrhage associated with lesion, fluorescein angiography (FA) staining pattern, change in intra/subretinal fluid assessed with optical coherence tomography (OCT), change in visual acuity (objective and subjective). I have developed an activity scoring system and given a number for each lesion at each visit. I retreat those who have an increased or stable activity score after the first treatment.

Effectiveness / Safety:

This activity scoring system standardizes the assessment of CNVs.