

## **Females in Surgery – Practical Considerations**

*Author: Tara A. Young*

### **Advantages:**

Lady surgeons must deal with some additional considerations when dressing for a surgical case. We now wear scrubs like our male counterparts. However the surgical cap or bonnet may be problematic for our hairstyles. Also, jewelry and rings may be lost.

### **Methods:**

I will demonstrate my technique on preventing 'flat-hair' or 'hat-head' when wearing a surgical cap and share some ideas my female colleagues use to protect diamond rings and other jewelry.

### **Effectiveness / Safety:**

These techniques are simple to use and provide fantastic results. After performing hours of vitreoretinal surgery, lady surgeons can attend clinic and after work social activities looking fabulous.